



DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 BBQ Riblets Sweet Potato Waffle Fries Coleslaw Cornbread Strawberry Shortcake	2
5	6 Baked Fish Fillet Rice Pilaf Peas Coleslaw Mixed Melons WW Roll Dessert	7 Swedish Meatballs Eff Noodles Normandy Veggies Tossed Green Salad Spicy Apples Dessert	8 Chicken Caesar Salad Melon Slices Cheesy Garlic Toast Dessert	9
12	13 Chicken Strips Jo Jo's Spinach Salad Mandarin Oranges Garlic Bread Dessert	14 Sweet & Sour Pork Steamed Rice Oriental Vegetables Cucumber Salad Tropical Fruit Egg Roll Dessert	15 Tuna Noodle Casserole Pea & Carrots Garden Salad Orange Quarters Dessert	16
19	20 Cheese Stuffed Shells Venetian Veggies Tossed Salad Apricots Garlic Bread Dessert	21 Pork Roast Stuffing & Gravy Green Beans Spinach Salad Applesauce Dessert	22 Chicken Enchiladas Spanish Rice Green Salad with Tomatoes Peaches Dessert	23
26	27 Pulled Pork Sandwich Potato Salad Three Bean Salad Apple Slices Dessert	28 Chicken Stir Fry Steamed Rice Asian Style Slaw Mandarin Oranges Egg Roll Dessert	29 Taco Salad Spanish Rice Mixed Fruit Tortilla Chips Dessert	30

Suggested donation for seniors over age 60 is \$5.00
FEE for persons under age 60 is \$12.00

Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

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ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 BBQ Chicken Jo Jo's Macaroni Salad Mixed Greens Salad Berry Shortcake	2
<p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p>				
5 Chicken Caesar Salad Elon Slices Cheesy Garlic Toast Dessert	6	7 BBQ Riblets Sweet Potato Waffle Fries Cucumber Salad Cornbread Strawberry Shortcake	8 Fish & Chips Coleslaw Apricots Garlic Bread Dessert	9
12 Chicken Cordon Bleu Garlic Noodles Peas Garden Salad Peaches Dessert	13	14 Salisbury Steak with Mushroom Gravy Mashed Potatoes Asparagus Pears WW Bread Oatmeal Cookies	15 Sweet & Sour Pork Steamed Rice Oriental Vegetables Cucumber Salad Tropical Fruit Egg Roll Dessert	16
19 Tuna Noodle Casserole Peas & Carrots Garden Salad Orange Quarters Dessert	20	21 Pork Roast Stuffing & Gravy Spinach Salad Applesauce Dessert	22 Bacon & Egg Salad Sandwich Veggie Tray Pea Salad Fresh Fruit Dessert	23
26 Ham & Cheese Sandwich Corn Chowder Coleslaw Fruit Cocktail Dessert	27	28 Meatloaf Mashed Potatoes & Gravy Green Beans Pears WW Roll Dessert	29 Pot Roast with Roasted Potatoes and Carrots Garden Salad Watermelon WW Roll Oatmeal Cookies	30

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WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00			1 BBQ Chicken Jo Jo's Macaroni Salad Mixed Greens Salad Berry Shortcake	2 Meatballs & Gravy Mashed Potatoes Lettuce & Tomato Salad Peaches WW Roll Rice Krispies Treats
5	6 Chicken Caesar Salad Melon Slices Cheesy Garlic Toast Dessert	7 Fish & Chips Coleslaw Apricots Garlic Bread Dessert	8 Stuffed Pepper Casserole Garden Salad Peaches WW Roll Dessert	9 Pulled Pork Sandwich Potato Salad Three Bean Salad Apple Slices Dessert
12	13 Salisbury Steak with Mushroom Gravy Mashed Potatoes Asparagus Pears WW Bread Oatmeal Cookies	14 Baked Fish Fillet Rice Pilaf Peas Coleslaw Mixed Melons WW Roll Dessert	15 Ham Scalloped Potatoes Garden Salad Waldorf Salad WW Roll Cereal Bar	16 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert
19	20 Tuna Noodle Casserole Peas & Carrots Garden Salad Orange Quarters Dessert	21 Stir Fry-Pork or Chicken Rice Asian Style Slaw Mandarin Oranges Egg Roll Dessert	22 Meatloaf Mashed Potatoes/Gravy Green Beans WW Roll Mixed Berries on Angel Food Cake	23 Ham & Cheese Sandwich Corn Chowder Coleslaw Fruit Cocktail Dessert
26	27 Biscuits & Gravy Hash Brown Potatoes V-8 Juice Fresh Fruit Muffin	28 Cheeseburger Deluxe Three Bean Salad Coleslaw Peaches Dessert	29 Cabbage Patch Stew Mozzarella Breadsticks Pea Salad Waldorf Salad Dessert	30 Bacon & Egg Salad on a Croissant Vegetables Tray Spinach Salad Mixed Berries Dessert

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