



2025 January

COULEE CITY

PLEASE CALL OR TEXT 509-632-8701 TO RESERVE MEALS
24 HOURS IN ADVANCE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$9</p>		<p>1 CLOSED</p> 	<p>2 Chicken Burger Deluxe Potato Salad Steamed Veggies Mandarin Oranges Dessert</p>	<p>3 Crispy Fish Fillet Rosemary Potatoes Pea Salad Apple Slices WW Bread or Roll Dessert</p>
<p>6</p>	<p>7 Pot Roast Roast Potatoes & Carrots Tossed Green Salad Peaches WW Roll Oatmeal Cookie</p>	<p>8 Shrimp Fettuccine Alfredo Zucchini Tomato Bake Caesar Salad Mixed Berries Pound Cake</p>	<p>9 Cabbage Patch Stew Whole Grain Crackers Tossed Salad WW Roll Fruited Jell-O</p>	<p>10 Twice Browned Chicken Garden Salad Chilled Pears WW Roll Dessert</p>
<p>13</p>	<p>14 Cheeseburger Deluxe with Onions and Mushrooms Steamed Broccoli Fruit Salad Dessert</p>	<p>15 Chicken & Wild Rice Bake Asparagus Coleslaw Tropical Fruit WW Roll Dessert</p>	<p>16 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert</p>	<p>17 Baked Fish Fillet Rice Pilaf Key West Veggies Spinach Salad Orange Quarters WW Roll Dessert</p>
<p>20 CLOSED</p>  <p>shutterstock · 356091257</p>	<p>21 Salisbury Steak Herbed Potato Slices Steamed Carrots Mixed Greens Salad WW roll Peach Crisp</p>	<p>22 Baked Ham Potatoes Au Gratin Trio Vegetables Garden Salad Chilled Pears WW Roll Dessert</p>	<p>23 Cordon Bleu Casserole Rice Pilaf Steamed Carrots Broccoli Salad Banana WW Roll Dessert</p>	<p>24 Pizza Casserole Tossed Salad Waldorf Salad Dessert</p>
<p>27</p>	<p>28 Lasagna with Meat Sauce Tossed Salad Grapes Dessert</p>	<p>29 Oven Fried Chicken Herbed Wild Rice Brussels Sprouts Spiced Salad Orange Quarters WW Roll Dessert</p>	<p>30 Country Fried Steak Mashed Potatoes / Gravy Buttered Corn Mixed Greens Salad Fresh Fruit Salad Biscuit Dessert</p>	<p>31 Clam Chowder Tuna Salad Sandwich Tossed Green Salad Tropical Fruit Dessert</p>

Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

Call 509-826-7979 for information on Meals on Wheels





2025 January

GRAND COULEE

PLEASE CALL 509-633-2321 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$9.00</p>		<p>1 CLOSED</p> 	<p>2 Country Fried Steak Mashed Potatoes/Gravy Buttered Corn Mixed Greens Salad Biscuit Dessert</p>	<p>3 Bacon & Eggs Hash Brown Potatoes Juice Fruit Toast</p>
<p>6 Country Mess with Eggs, Bacon & Cheese Hash Browns Juice Fruit Toast</p>	<p>7 Chicken Strips French Fries Carrots & Corn Peaches Bread Dessert</p>	<p>8 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert</p>	<p>9 Pork Roast Mashed Potatoes/Gravy Mixed Veggies Applesauce WW Roll Oatmeal Cookies</p>	<p>10 Biscuits & Gravy Hash Brown Potatoes Juice Fresh Fruit Muffin</p>
<p>13 Sausage Patty & Eggs Potato Cakes Juice Fruit Toast</p>	<p>14 Meatloaf Mashed Potatoes / Gravy Mixed Veggies Pears WW Roll Dessert</p>	<p>15 Hawaiian Chicken Burger Jo Jo's Green Salad Pineapple Dessert</p>	<p>16 Shrimp Scampi on Noodles Steamed Carrots Caesar Salad Mixed Berries Dessert</p>	<p>17 Sausage Links & Eggs Dollar Pancakes Juice Fruit</p>
<p>20 CLOSED</p>  <p>shutterstock - 356091257</p>	<p>21 Swiss Steak with Mush- rooms, Onions & Peppers Baked Potato Cucumber Slices Fruit Crisp</p>	<p>22 Homemade Turkey Noo- dle Soup Tossed Salad Biscuit Fruited Jell-O</p>	<p>23 Mac & Cheese w/Bacon Green Beans Tossed Salad Fruit Salad Dessert</p>	<p>24 Ham & Eggs Hash Browns Juice Fruit Toast</p>
<p>27 Scrambled Eggs with Ham & Cheese Oven Brown Potatoes Juice Fresh Fruit Muffin</p>	<p>28 Chicken Fettuccine Alfredo Green Beans Tossed Salad Fruit Cocktail Dessert</p>	<p>29 Salisbury Steak with Grilled Onions Mashed Potatoes/Gravy Corn & Carrots WW Roll Peach Cobbler</p>	<p>30 Kielbasa with Peppers and Onions Buttered Cauliflower Cucumber Salad Waldorf Salad Biscuit Coolwich</p>	<p>31 Bacon and Egg Breakfast Sandwich Hash Browns Juice Fruit</p>

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