

DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

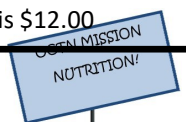
FRIDAY

	<p>1 Meatloaf Mashed Potatoes / Gravy Green Beans Tossed Salad Biscuit Dessert</p>	<p>2 Lemon Baked Fish Wild Rice Chalet Vegetables Coleslaw Tropical Fruit Garlic Bread Dessert</p>	<p>3 Pasta Primavera with Ham Caesar Salad Fresh Fruit Tray Dessert</p>	<p>4</p>
<p>7</p>	<p>8 Baked Ham Scalloped Potatoes Carrot/Raisin Salad Chilled Pears WW Roll Rice Krispies Treats</p>	<p>9 Honey Mustard Chicken Rice Pilaf Asparagus Coleslaw Tropical Fruit WW Roll Dessert</p>	<p>10 Beef Stroganoff Green Beans Tossed Green Salad Apple Wedges Dessert</p>	<p>11</p>
<p>14</p>	<p>15 Fish & Chips Coleslaw Fruit Tray Garlic Bread Dessert</p>	<p>16 Scrambled Eggs & Ham Potatoes O'Brien V-8 Juice Fresh Fruit Pancakes</p>	<p>17 Teriyaki Chicken Steamed Rice Oriental Vegetables Asian Style Slaw Pineapple Egg Roll Dessert</p>	<p>18</p>
<p>21</p>	<p>22 Tex Mex Beef Stew Cucumber Salad Mandarin Oranges Tortilla Chips Dessert</p>	<p>23 Country Fried Steak Mashed Potatoes / Gravy Corn Caesar Salad Apricot Crisp</p>	<p>24 Ham & Bean Soup Cottage Cheese Peaches Cuke & Tomato Salad Apple Slices Cornbread Dessert</p>	<p>25</p>
<p>27</p>	<p>29 Chili with Cheese Cucumber Slices Tossed Green Salad Sliced Pears Cornbread Dessert</p>	<p>30 Yankee Pot Roast Potatoes & Carrots Mixed Greens Salad Strawberries & Bananas WW Roll Oatmeal Cookies</p>	<div style="border: 2px solid black; padding: 10px;"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> </div>	

Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

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Established 1975

2025



ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	1	2 Yankee Pot Roast Roasted Carrots & Potatoes Mixed Greens Salad Banana WW Roll] Oatmeal Cookies	3 California Chicken Casserole Spinach Salad Orange Juice Dessert	4
7 Oven Fried Chicken Stuffing & Gravy Green Beans Cuke & Tomato Salad Grapes Dessert	8	9 Biscuits & Gravy Scrambled Eggs Potatoes O'Brien V-8 or Fruit Juice Fresh Fruit Muffin	10 Tater Tot Casserole Tossed Salad Apricots WW Roll Monster Cookie Bars	11
14 BBQ Meatballs Rice Pilaf Peas & Carrots Coleslaw Orange Quarters Cornbread Dessert	15	16 Chicken Fettuccine Alfredo Asparagus Spinach Salad Mixed Berries Dessert	17 Cheese Tortellini & Marinara Venetian Vegetables Caesar Salad Apple Wedges Dessert	18
21 Chicken Caesar Salad Sliced Tomatoes Fresh Fruit Focaccia Bread Dessert	22	23 Cheeseburger Deluxe Garlic Fries Apricots Dessert	24 Baked Ham Mashed Potatoes & Gravy Carrot / Raisin Salad Chilled Pears WW Roll Rice Krispies Treats	25
28 Split Pea & Ham Soup Pastrami Sandwich Peaches Dessert	29	30 Lemon Baked Fish Wild Rice Chalet Vegetables Coleslaw Tropical Fruit Garlic Bread Dessert	<p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p>	

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2025



WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	<p>1 Chili with Cheese Cucumber Slices Tossed Green Salad Sliced Pears Cornbread Dessert</p>	<p>2 Country Fried Steak Mashed Potatoes & Gravy Corn Spring Salad Apple Crisp</p>	<p>3 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert</p>	<p>4 Fish & Chips Coleslaw Fruit Tray Garlic Bread Dessert</p>
7	<p>8 BBQ Meatballs Rice Pilaf Peas & Carrots Coleslaw Orange Quarters Cornbread Dessert</p>	<p>9 Chicken Fettuccine Alfredo Asparagus Spinach Salad Mixed Berries Dessert</p>	<p>10 Split Pea & Ham Soup Turkey Sandwich Peaches Dessert</p>	<p>11 Meatloaf Mashed Potatoes / Gravy Green Beans Tossed Salad Biscuit Dessert</p>
14	<p>15 Cheeseburger Deluxe Garlic Fries Apricots Dessert</p>	<p>16 Lemon Baked Fish Wild Rice Chalet Vegetables Coleslaw Tropical Fruit Garlic Brea Dessert</p>	<p>17 Baked Ham Scalloped Potatoes Carrot Raisin Salad Chilled Pears WW Roll Rice Krispies Treats</p>	<p>18 Chicken Caesar Salad Sliced Tomatoes Fresh Fruit Focaccia Bread Dessert</p>
21	<p>22 Sweet & Sour Pork on Rice Oriental Vegetables Asian Style Slaw Mandarin Oranges Egg Roll Dessert</p>	<p>23 Biscuits & Gravy Scrambled Eggs Potatoes O'Brien V-8 or Fruit Juice Fresh Fruit Muffin</p>	<p>24 Oven Fried Chicken Stuffing & Gravy Green Beans Cuke & Tomato Salad Grapes Dessert</p>	<p>25 Shrimp Fettuccine Alfredo Buttered Peas Spinach Salad Oregon Berries Angel Food Cake</p>
27	<p>29 Cheese Tortellini with Marinara Sauce Venetian Veggies Caesar Salad Apple Wedges Dessert</p>	<p>30 Beef Stew Green Salad Chilled Pears Biscuit Cereal Bar</p>	<p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p>	

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