

2025



COULEE CITY

PLEASE CALL OR TEXT 509-632-8701 TO RESERVE MEALS
24 HOURS IN ADVANCE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

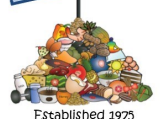
FRIDAY

	1 Chili with Cheese Cucumber Slices Tossed Green Salad Sliced Pears Cornbread Dessert	2 Country Fried Steak Mashed Potatoes & Gravy Corn Spring Salad Apple Crisp	3 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert	4 Fish & Chips Coleslaw Fruit Tray Garlic Bread Dessert
7	8 BBQ Meatballs Rice Pilaf Peas & Carrots Coleslaw Orange Quarters Cornbread Dessert	9 Chicken Fettuccine Alfredo Asparagus Spinach Salad Mixed Berries Dessert	10 Split Pea & Ham Soup Turkey Sandwich Peaches Dessert	11 Meatloaf Mashed Potatoes / Gravy Green Beans Tossed Salad Biscuit Dessert
14	15 Cheeseburger Deluxe Garlic Fries Apricots Dessert	16 Lemon Baked Fish Wild Rice Chalet Vegetables Coleslaw Tropical Fruit Garlic Brea Dessert	17 Baked Ham Scalloped Potatoes Carrot Raisin Salad Chilled Pears WW Roll Rice Krispies Treats	18 Chicken Caesar Salad Sliced Tomatoes Fresh Fruit Focaccia Bread Dessert
21	22 Sweet & Sour Pork on Rice Oriental Vegetables Asian Style Slaw Mandarin Oranges Egg Roll Dessert	23 Biscuits & Gravy Scrambled Eggs Potatoes O'Brien V-8 or Fruit Juice Fresh Fruit Muffin	24 Oven Fried Chicken Stuffing & Gravy Green Beans Cuke & Tomato Salad Grapes Dessert	25 Shrimp Fettuccine Alfredo Buttered Peas Spinach Salad Oregon Berries Angel Food Cake
27	29 Cheese Tortellini with Marinara Sauce Venetian Veggies Caesar Salad Apple Wedges Dessert	30 Beef Stew Green Salad Chilled Pears Biscuit Cereal Bar	<p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$10.00</p>	

Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

Call 509-826-7979 for information on Meals on Wheels



2025



GRAND COULEE

RESERVE IN-HOUSE EVENING MEAL BY NOON 509-633-2321

MONDAY 8 - 10 am

TUESDAY 5 pm

WEDNESDAY 5 pm

THURSDAY 5 pm

FRIDAY 8 - 10 am

	<p>1 Hamburger Steak with Grilled Onions Mashed Potatoes/Gravy Green Beans Grapes & Oranges WW Roll Dessert</p>	<p>2 Country Fried Steak Mashed Potatoes/Gravy Corn & Carrots Green Salad WW Roll Cook's Choice</p>	<p>3 Oven Fried Chicken Stuffing & Gravy Peas Salad Bar Fruit Bar Dessert</p>	<p>4 Bacon and Eggs Hash Browns Fruit Juice Toast</p>
<p>7 Sausage Links Scrambled Eggs French Toast Juice Fruit Bowl</p>	<p>8 Tater Tot Casserole Tossed Salad Fruit & Dip WW Roll Dessert</p>	<p>9 Stuffed Sausage with Potato & Cheese Brussels Sprouts Mixed Berries Dessert</p>	<p>10 Chicken Strips French Fries Green Salad Peaches WW Roll Dessert</p>	<p>11 Biscuits & Gravy Eggs Potatoes O'Brien Juice Fresh Fruit Muffin</p>
<p>14 Cheese Omelet Bacon Hash Browns Fruit Bowl Juice</p>	<p>15 Meatloaf Mashed Potatoes / Gravy Peas & Carrots Mixed Fruit Blueberry Cobbler</p>	<p>16 Pork Steak Twice Baked Potato Roasted Carrots Pears WW Roll Dessert</p>	<p>17 Orange Chicken on Rice Oriental Veggies Asian Style Slaw Mandarin Oranges Egg Roll Dessert</p>	<p>18 German Sausage Scrambled Eggs Fruit Bowl Juice Toast</p>
<p>21 Scrambled Mess Hash Browns Juice Fruit Bowl Toast</p>	<p>22 Fish & Chips Coleslaw Fruit Tray Garlic Bread Dessert</p>	<p>23 Country Fried Pork Stk Mashed Potatoes/Gravy Mixed Vegetables Applesauce WW Roll Dessert</p>	<p>24 Hawaiian Chicken Sandwich French Fries Salad Bar Fruit Bar Cook's Choice</p>	<p>25 Breakfast Sandwich Hash Browns Juice Fruit Bowl</p>
<p>27 Sausage Patty Scrambled Eggs Potato Cakes Juice Fruit Bowl Toast</p>	<p>29 Pepper Steak on Rice Asian Slaw Cinnamon Pears Garlic Bread Dessert</p>	<p>30 Mac & Cheese with Bacon Peas & Carrots Tossed Green Salad Fruit Slices & Dip Dessert</p>	<p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$10.00</p>	

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