



# 2025 January

## DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS  
509-826-7979 FOR HOME DELIVERED MEALS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p>		<p>1 CLOSED</p> 	<p>2 Clam Chowder Tuna Salad Sandwich Tossed Green Salad Tropical Fruit Dessert</p>	<p>3</p>
<p>6</p>	<p>7 Meatloaf Mashed Potatoes / Gravy Trio Veggies Green Salad Peaches WW Roll Dessert</p>	<p>8 Oven Fried Chicken Potato Casserole Buttered Corn Spiced Salad Orange Quarters WW Roll Dessert</p>	<p>9 Pork Chops Stuffing &amp; Gravy Roasted Brussels Sprouts Garden Salad Applesauce Dessert</p>	<p>10</p>
<p>13</p>	<p>14 Chicken Cordon Bleu Casserole over Rice Pilaf Steamed Carrots Broccoli Salad Banana WW Roll Dessert</p>	<p>15 Salisbury Steak Mashed Potatoes / Gravy Green Beans Mixed Greens Salad WW Roll Peach Cobbler</p>	<p>16 Beef Tacos Spanish Rice Fresh Salsa Cinnamon Pears Dessert</p>	<p>17</p>
<p>20 CLOSED</p>  <p>shutterstock - 356091257</p>	<p>21 Baked Ham Potatoes Au Gratin Trio Veggies Garden Salad Apple Wedges WW Roll Dessert</p>	<p>22 BBQ Country Ribs Mac &amp; Cheese Green Beans Carrot Raisin Salad Mandarin Oranges Dessert</p>	<p>23 Ham Sandwich Deluxe Minestrone Soup Potato Salad Pears Dessert</p>	<p>24</p>
<p>27</p>	<p>28 Pot Roast Potatoes &amp; Carrots Tossed Green Salad Peaches WW Roll Oatmeal Cookies</p>	<p>29 Country Fried Steak Mashed Potatoes / Gravy Buttered Corn Mixed Greens Salad Orange Quarters Biscuit Dessert</p>	<p>30 Swedish Meatballs Egg Noodles Steamed Carrots Caesar Sala Fruit Cocktail Dessert</p>	<p>31</p>

Visit our website at [www.octn.org](http://www.octn.org) . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

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# 2025 January

## ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS  
509-826-7979 FOR HOME DELIVERED MEALS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

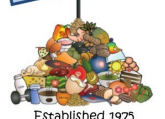
FRIDAY

<p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p>		<p>1 CLOSED</p> 	<p>2 Meatloaf Mashed Potatoes / Gravy Buttered Corn Green Salad Peaches WW Roll Dessert</p>	<p>3</p>
<p>6 Clam Chowder Tuna Salad Sandwich Tossed Green Salad Fruit Cocktail Dessert</p>	<p>7</p>	<p>8 Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Apple Slices Biscuit Dessert</p>	<p>9 Chili Stuffed Baked Potato Tossed Green Salad Apricots Cornbread Dessert</p>	<p>10</p>
<p>13 Corn Chowder BLT Sandwich Spinach Salad Orange Quarters Dessert</p>	<p>14</p>	<p>15 Lasagna Tossed Salad Pears Dessert</p>	<p>16 Pot Roast Roast Potatoes &amp; Carrots Tossed Green Salad Peaches WW Roll Oatmeal Cookies</p>	<p>17</p>
<p>20 CLOSED</p>  <p>shutterstock · 356091257</p>	<p>21</p>	<p>22 BBQ Country Ribs Mac &amp; Cheese Green Beans Carrot Raisin Salad Mandarin Oranges Dessert</p>	<p>23 Chicken Burger Deluxe Jo Jo's Coleslaw Fruit Cocktail Dessert</p>	<p>24</p>
<p>27 Country Fried Steak Mashed Potatoes / Gravy Buttered Corn Mixed Greens Salad Orange Quarters Dessert</p>	<p>28</p>	<p>29 Spaghetti &amp; Meat Sauce Caesar Salad Peaches Garlic Bread Dessert</p>	<p>30 Baked Ham Potatoes Au Gratin Trio Veggies Garden Salad Apple Wedges Dessert</p>	<p>31</p>

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# 2025 January

## WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS  
509-826-7979 FOR HOME DELIVERED MEALS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p>		<p>1 CLOSED</p> 	<p>2 Meatloaf Mashed Potatoes / Gravy Buttered Corn Green Salad Peaches WW Roll Dessert</p>	<p>3 Clam Chowder Tuna Salad Sandwich Tossed Salad Tropical Fruit Dessert</p>
<p>6</p>	<p>7 Chili Stuffed Potato Chuck Wagon Corn Tossed Salad Apricots Cornbread Dessert</p>	<p>8 Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Waldorf Salad Biscuit Cereal Bars</p>	<p>9 Spaghetti &amp; Meat Sauce Caesar Salad Peaches Garlic Bread Dessert</p>	<p>10 Baked Ham Potatoes Au Gratin Trio Veggies Garden Salad Pineapple WW Roll Dessert</p>
<p>13</p>	<p>14 Shrimp Fettuccine Alfredo Zucchini Tomato Bake Caesar Salad Mixed Berries Pound Cake</p>	<p>15 Cabbage Patch Stew Whole Grain Crackers Tossed Salad Chilled Pears Dessert</p>	<p>16 Biscuits &amp; Gravy Hash Brown Potatoes Stewed Tomatoes Fresh Fruit Muffin</p>	<p>17 Fish Sandwich Jo Jo's Coleslaw Banana Dessert</p>
<p>20 CLOSED</p>  <p>shutterstock · 356091257</p>	<p>21 Cheeseburger Deluxe Sweet Potato Waffle Fries Three Bean Salad Pineapple Dessert</p>	<p>22 Country Fried Steak Mashed Potatoes / Gravy Buttered Corn Mixed Greens Salad Orange Quarters Dessert</p>	<p>23 Crispy Fish Fillet Rosemary Potatoes Pea Salad Apple Slices Oatmeal Cookie</p>	<p>24 Beef Tacos Spanish Rice Fresh Salsa Cinnamon Pears Dessert</p>
<p>27</p>	<p>28 Ham Sandwich Minestrone Soup Cucumber Slices Pears Dessert</p>	<p>29 Swedish Meatballs Egg Noodles Steamed Carrots Caesar Salad Fruit Cocktail Dessert</p>	<p>30 Chicken Burger Deluxe Jo Jo's Coleslaw Mandarin Oranges Dessert</p>	<p>31 Lemon Pepper Baked Fish Wild Rice Key West Veggies Spinach Salad Tropical Fruit WW Roll Dessert</p>

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OCTN MISSION  
NUTRITION!



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