



CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Chili Stuffed Potato Tortilla Chips Mixed Greens Salad Chilled Pears Dessert
4 Swedish Meatballs Egg Noodles Glazed Carrots Caesar Salad Cherries & Pineapple Dessert	5 Chicken Cordon Bley Rosemary Potatoes Broccoli Salad Tropical Fruit WW Roll Dessert	6 Cheese Stuffed Shells with Marinara Sauce Peas Spinach Salad Waldorf Salad Breadstick Dessert	7 Beef Tacos Southwest Salad Orange Quarters Dessert	8 Fish Sandwich Deluxe Potato Wedges Coleslaw Chilled Pears Dessert
11 CLOSED 	12 Shrimp Fettuccine Buttered Peas Caesar Salad Chilled Peaches Dessert	13 Hamburger Steak Mashed Potatoes Buttered Corn Garden Salad Mixed Berries WW Roll Dessert	14 Ham Au Gratin Potatoes Green Beans Pineapple WW Roll Oatmeal Cookies	15 BBQ Chicken Macaroni Salad Green Beans Tossed Salad Mixed Fresh Fruit Biscuit Dessert
18 Oven Fried Chicken Mashed Potatoes / Gravy Green Beans Grapes Bar Cookies	19 French Dip Sandwich Jo Jo's Tossed Salad Fruit Tray Dessert	20 Shepherd's Pie Green Salad Pineapple WW Roll Dessert	21 Veggie Lasagna Caesar Salad Apricots Cheesy Garlic Bread Dessert	22 Baked Fish Fillet Wild Rice Caribbean Veggie Spinach Salad WW Roll Pudding/Berry Parfait
25 Country Fried Steak Mashed Potatoes/ Gravy Buttered Corn Garden Salad Peaches WW Roll Dessert	26 Pepper Steak Steamed Rice Tossed Veggie Salad Mandarin Oranges WW Roll Dessert	27 Roast Turkey Nantucket Veggies Sweet Potatoes Stuffing & Gravy Cranberry Sauce Pumpkin Pie	28 CLOSED 	29 CLOSED

Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

Call 509-470-0522 for information on Meals on Wheels



Suggested donation for seniors over age 60 is \$5.00

FEE for persons under age 60 is \$12.00



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11 CLOSED 	12	13	14 Ham Au Gratin Potatoes Green Beans Pineapple WW Roll Oatmeal Cookies	15
18 Oven Fried Chicken Mashed Potatoes / Gravy Green Beans Grapes Bar Cookies	19	20	21 Veggie Lasagna Caesar Salad Apricots Cheesy Garlic Bread Dessert	22
25 Country Fried Steak Mashed Potatoes/ Gravy Buttered Corn Garden Salad Peaches WW Roll Dessert	26	27	28 CLOSED 	29 CLOSED

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CASHMERE / LEAVENWORTH

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