

2
0
2
5



GRAND COULEE

PLEASE CALL 509-633-2321 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY

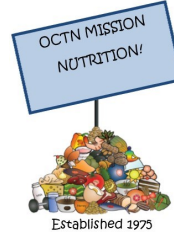
TUESDAY


WEDNESDAY

THURSDAY

FRIDAY

Suggested donation for seniors over age 60 is \$5.00
FEE for persons under age 60 is \$9.00



<p>3 Scrambled Eggs with Sausage Patty Or Links Potatoes O'Brien Juice Banana French Toast</p>	<p>4 Chicken Parmesan Pasta Marinara Steamed Broccoli Caesar Salad Focaccia Bread Fruited Jell-O</p>	<p>5 Country Fried Steak Mashed Potatoes/Gravy Buttered Corn Garden Salad Chilled Pears WW Roll Dessert</p>	<p>6 Fish & Chips Cabbage/Apple Slaw Fruit Cocktail Rice Krispies Treats</p>	<p>7 Bacon & Eggs Hash Browns Juice Fruit Toast</p>
<p>10 Ham Scrambler Hash Brown Potatoes Juice Fruit Toast</p>	<p>11 Chicken, Bacon Caesar Wrap Veggie Pasta Salad Pears Dessert</p>	<p>12 Bacon & Egg Salad Sandwich on a Croissant Loaded Potato Soup Orange Quarters Dessert</p>	<p>13 Teriyaki Beef on Rice Oriental Vegetables Spinach Salad Mandarin Oranges Garlic Bread Dessert</p>	<p>14 Biscuits & Gravy Oven Brown Potatoes Juice Fresh Fruit Muffin</p>
<p>17 CLOSED </p>	<p>18 White Lasagna Garden Salad Applesauce Breadstick Dessert</p>	<p>19 Philly Cheese Steak Sandwich Garden Salad Cinnamon Pears Dessert</p>	<p>20 Beef Taco Pie Baja Veggie Blend Garden Salad Spiced Applesauce Dessert</p>	<p>21 Cheese Omelet Sausage Links Hash Brown Potatoes Juice Fruit Toast</p>
<p>24 Ham & Eggs Hash Browns Juice Fruit Toast</p>	<p>25 Beef Stroganoff Green Beans Tossed Green Salad Dessert</p>	<p>26 Supreme Style Pizza Caesar Salad Fruit Salad Dessert</p>	<p>27 Hot Turkey Sandwich Mashed Potatoes / Gravy Mixed Vegetables Cranberry Salad Dessert</p>	<p>28 Scrambled Mess with Eggs, Meat, cheese & Potatoes Juice Fruit Toast</p>

Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

Call 509-470-0522 for information on Meals on Wheels



2
0
2
5



COULEE CITY

PLEASE CALL OR TEXT 509-632-8701 TO RESERVE MEALS
24 HOURS IN ADVANCE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Suggested donation for seniors over age 60 is \$5.00
FEE for persons under age 60 is \$9.00



3	4 Teriyaki Beef on Rice Oriental Vegetables Spinach Salad Mandarin Oranges Garlic Bread Dessert	5 Ham Steak Scalloped Potatoes Tossed Salad Pineapple WW Roll Tapioca Pudding	6 Biscuits & Gravy Oven Brown Potatoes Fruit or V-8 Juice Fresh Fruit Muffin	7 Fish & Chips Cabbage & Apple Slaw Fruit Cocktail Rice Krispies Treats
10	11 Paprika Chicken Egg Noodles Normandy Veggies Greek Salad Fruit Salad Dessert	12 Bacon & Egg Salad on A Croissant Vegetable Soup Cucumber Slices Orange Quarters Dessert	13 Spaghetti & Meat Sauce Caesar Salad Cinnamon Pears Garlic Bread Dessert	14 Roast Beef Baked Potato Green Beans Spinach Salad WW Roll Cherry Cobbler
17 CLOSED 	18 Beef Stew Tossed Salad Banana Biscuits Dessert	19 Honey Dijon Chicken Garden Rice Beets Spring Salad Pineapple WW Roll Dessert	20 Supreme Style Pizza Caesar Salad Fruit Salad Dessert	21 Lemon Baked Fish Pesto Pasta Asparagus Green Salad Orange Quarters Dessert
24	25 Split Pea & Ham Soup Turkey Sandwich Deluxe Apple Wedges Peaches Dessert	26 Beef Stroganoff Normandy Veggies Tossed Green Salad Apricots Dessert	27 BBQ Chicken Au Gratin Potatoes Spiced Salad Tropical Fruit Oatmeal Cookie	28 Hot Turkey Sandwich Mashed Potatoes / Gravy Green Beans Cranberry Salad Pumpkin Pie

Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

Call 509-470-0522 for information on Meals on Wheels

