



Chelan Senior Meals February 2019



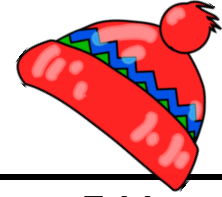
Monday Tuesday Wednesday Thursday Friday-Manson


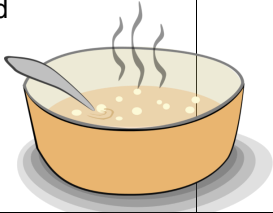


<p>It is very costly to the senior meal program when you do not cancel your reservations. If you know you can't make it—Please call and cancel! Chelan 888-4440 Manson 687-3377</p>	<p style="text-align: center;">Seniors Age 60 & over— suggested donation \$4.00</p> <p style="text-align: center;">Under age 60—\$8.50 FEE</p> <p style="text-align: center;">Please call 509-888-4440 for more information about the Home Delivered Meal program.</p>		<p>1 Hot Turkey Sandwich Mashed Potatoes Spinach Spring Salad Cranberry Salad Pumpkin Pie</p>	
<p>4 Chicken Parmesan Pasta Steamed Broccoli 7 Layer Salad WW Bread or Roll Fruit Crisp</p>	<p>5 Teriyaki Beef Steamed Rice Oriental Vegetables Spinach Salad Mandarin Oranges Garlic Bread Dessert</p>	<p>6 Dijon Chicken Breast Garden Rice Cauliflower & Chives Mixed Greens Salad Citrus Salad WW Bread Dessert</p>	<p>7 Beef Stew Caesar Salad Banana Biscuit Dessert</p> <div style="text-align: center;">  </div>	<p>8 Beef Stroganoff Trio Vegetables Tossed Green Salad Apricots French Bread Dessert</p>
<p>11 Swedish Meatballs Penne Pasta Italian Vegetables Tossed Salad Peaches Garlic Bread Dessert</p>	<p>12 BBQ Chicken Macaroni & Cheese Broccoli Normandy Spiced Salad Muffin Apple Crisp</p>	<p>13 Bacon & Egg Salad Sandwich Tomato Slices Spinach Salad Citrus Salad Dessert</p>	<p>14 Hamburger Steak with Grilled Onions Twice Bake Style Potatoes Trio Vegetables Garden Veggie Salad WW Bread Berry & Pudding Parfait</p>	<p>15 Spaghetti & meat Sauce Caesar Salad Spiced Pears Garlic Bread Dessert</p>
<p>18</p> <div style="text-align: center;">  </div>	<p>19 Supreme Pizza Caesar Salad Tropical Fruit Garlic Bread Dessert</p> <div style="text-align: center;">  </div>	<p>20 Lemon Baked Fish Parsley Potatoes Steamed Broccoli Coleslaw Oregon Berries WW Bread or Roll Dessert</p>	<p>21 Pepper Steak Steamed Rice Green Salad Pineapple WW Bread or Roll Dessert</p>	<p>22 Country Fried Steak Potatoes & Gravy Buttered Corn Garden Salad Chilled Pears WW Bread or Roll Dessert</p> <div style="text-align: center;">  </div>
<p>25 Beef Taco Pie Cottage Cheese Spanish Rice Baja Veggie Blend Garden Salad Spiced Applesauce Dessert</p>	<p>26 Hot Turkey Sandwich Potatoes & Gravy Spinach Spring Salad Cranberry Salad Pumpkin Pie</p>	<p>27 Cheese Ravioli in Meat Sauce Spinach Salad Apricots Garlic Bread Dessert</p>	<p>28 Chicken Salad on a Croissant Vegetable Soup Grapes Dessert</p>	

24 HOURS IN ADVANCE TO RESERVE OR CANCEL



Entiat Senior Meals February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				1
4 Chicken Parmesan Pasta Steamed Broccoli 7 Layer Salad WW Bread or Roll Fruit Crisp	5 	6	7 Beef Stew Caesar Salad Banana Biscuit Dessert 	8
11 Swedish Meatballs Penne Pasta Italian Vegetables Tossed Salad Peaches Garlic Bread Dessert	12	13 	14 Hamburger Steak with Grilled Onions Twice Bake Style Potatoes Trio Vegetables Garden Veggie Salad WW Bread Berry & Pudding Parfait	15
18 	19	20	21 Pepper Steak Steamed Rice Green Salad Pineapple WW Bread or Roll Dessert	22
25 Beef Taco Pie Cottage Cheese Spanish Rice Baja Veggie Blend Garden Salad Spiced Applesauce Dessert	26	27 	28 Chicken Salad on a Croissant Vegetable Soup Grapes Dessert 	

24 HOURS IN ADVANCE TO RESERVE OR CANCEL

Seniors Age 60 & over—suggested donation

\$4.00

Under age 60—\$8.50 FEE

Please call 509-888-4440 for more information about the
Home Delivered Meal program.

It is very costly to the senior meal program when you do not cancel your reservations.

If you know you can't make it—Please call and cancel!

For Chelan 888-4440 between 8am & 2 pm
For Entiat 888-0952



Manson Senior Meals February 2019



Monday

Tuesday

Wednesday

Thursday

Friday-MANSON

**Seniors Age 60 & over—
suggested donation \$4.00
Under age 60—\$8.50 FEE**

Please call 509-470-0522 for more
information about the Home Delivered
Meal program.

*Happy
Valentine's
Day*

1
Hot Turkey Sandwich
Mashed Potatoes
Spinach
Spring Salad
Cranberry Salad
Pumpkin Pie



4
Chicken Parmesan
Pasta
Steamed Broccoli
7 Layer Salad
WW Bread or Roll
Fruit Crisp



5
Teriyaki Beef
Steamed Rice
Oriental Vegetables
Spinach Salad
Mandarin Oranges
Garlic Bread
Dessert

6
Dijon Chicken Breast
Garden Rice
Cauliflower & Chives
Mixed Greens Salad
Citrus Salad
WW Bread
Dessert

7
Beef Stew
Caesar Salad
Banana
Biscuit
Dessert

8
Beef Stroganoff
Trio Vegetables
Tossed Green Salad
Apricots
French Bread
Dessert

11
Swedish Meatballs
Penne Pasta
Italian Vegetables
Tossed Salad
Peaches
Garlic Bread
Dessert

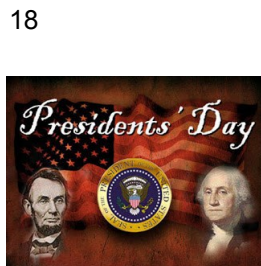
12
BBQ Chicken
Macaroni & Cheese
Broccoli Normandy
Spiced Salad
Muffin
Apple Crisp

13
Bacon & Egg Salad
Sandwich
Tomato Slices
Spinach Salad
Citrus Salad
Dessert



14
Hamburger Steak with
Grilled Onions
Twice Bake Style Potatoes
Trio Vegetables
Garden Veggie Salad
WW Bread
Berry & Pudding Parfait

15
Spaghetti & meat
Sauce
Caesar Salad
Spiced Pears
Garlic Bread
Dessert



18
Supreme Pizza
Caesar Salad
Tropical Fruit
Garlic Bread
Dessert

20
Lemon Baked Fish
Parsley Potatoes
Steamed Broccoli
Coleslaw
Oregon Berries
WW Bread or Roll
Dessert

21
Pepper Steak
Steamed Rice
Green Salad
Pineapple
WW Bread or Roll
Dessert

22
Country Fried Steak
Potatoes & Gravy
Buttered Corn
Garden Salad
Chilled Pears
WW Bread or Roll
Dessert

25
Beef Taco Pie
Cottage Cheese
Spanish Rice
Baja Veggie Blend
Garden Salad
Spiced Applesauce
Dessert

26
Hot Turkey Sandwich
Potatoes & Gravy
Spinach
Spring Salad
Cranberry Salad
Pumpkin Pie



27
Cheese Ravioli in
Meat Sauce
Spinach Salad
Apricots
Garlic Bread
Dessert

28
Chicken Salad on a
Croissant
Vegetable Soup
Grapes
Dessert



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For Chelan 888-4440 between 8am & 2 pm For Manson 687-3377



Leavenworth Senior Meals February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 2px solid black; padding: 5px;"> <p>Seniors Age 60 & over—suggested donation \$4.00</p> <p>Under age 60—\$8.50 FEE</p> <p>Please call 509-548-6666 for more information about the Home Delivered Meal program.</p> </div>				<p>1 Cheeseburger Pie Corn Tossed Veggie Salad Fruit cocktail French Bread Dessert</p>
<p>4 BBQ Chicken Mac & Cheese Broccoli Normandy Spiced Salad Muffin Apple Crisp</p>	<p>5 Ham Steak Scalloped Potatoes Italian Vegetables Spinach Salad Citrus Salad WW Bread or Roll Dessert</p>	<p>6 Lemon Baked Fish Wild Rice Steamed Broccoli Coleslaw Oregon Berries WW Bread or Roll Dessert</p>	<p>7 Hot Beef Sandwich Mashed Potatoes Green Beans Tossed Veggie Salad Peaches & Pound Cake</p>	<p>8 Supreme Pizza Caesar Salad Tropical Fruit Garlic Bread Dessert</p>
<p>11 Chicken Burger Deluxe Sweet Potato Fries Waldorf Salad Dessert</p>	<p>12 Pot Roast Roasted Red Potatoes Roasted Carrots Spinach Salad WW Bread or Roll Berry & Pudding Parfait</p>	<p>13 Chicken Parmesan Rice Pilaf Steamed Broccoli 7 Layer Salad Fruit Crisp</p>	<p>14 Cheese Ravioli in Meat Sauce Caesar Salad Apricots Garlic Bread Dessert</p>	<p>15 Swedish Meatballs Over Egg Noodles Italian Vegetables Spiced Salad Peaches French Bread Dessert</p>
<p>18</p>	<p>19 Beef Stroganoff Trio Vegetables Tossed Green Salad Apricots French Bread Dessert</p>	<p>20 Chicken Salad Croissant Vegetable Soup Grapes Dessert</p>	<p>21 Meatloaf Potatoes & Gravy Green Beans Carrot Raisin Salad Apple Celery Salad WW Bread or Roll Dessert</p>	<p>22 Stuffed Cabbage Rolls Roasted Red Potatoes Green Beans Strawberries & Bananas WW Bread or Roll Dessert</p>
<p>25 Hamburger Steak with Grilled Onions Twice Baked Potatoes Trio Vegetables Garden Veggie Salad WW Roll Berry Crisp</p>	<p>26 Clam Chowder Cottage Cheese Broccoli Salad Three Bean Salad Peaches WW Roll Dessert</p>	<p>27 Country Fried Steak Potatoes & Gravy Buttered Corn Garden Salad Chilled Pears WW Bread or roll Dessert</p>	<p>28 Spaghetti & Meat Sauce Spinach Salad Spiced Pears Garlic Bread Dessert</p>	<div style="border: 2px solid black; padding: 5px;"> <p>It is very costly to the senior meal program when you do not cancel your reservations. If you know you can't make it 509-548-6666</p> </div>

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